

NEW BRUNSWICK  
JUNIOR CURLING DEVELOPMENT PROGRAM  
SKILLS AWARDS PROGRAM

**SILVER LEVEL**

## New Brunswick Skill Awards Program

### Silver Level Exam

The objective of the Silver level is to assess the curlers understanding of the game of curling at an advanced level. The Silver level will expand on and add to the skills gained by the Bronze level to better prepare the curler for success at the Gold level.

To successfully complete the Silver level the curler must complete a written exam of 20 multiple choice questions on various aspects of the game. On the exam all questions must be answered and a 70% mark achieved in order to pass. You will be given 15 minutes to complete the exam.

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Silver Level Exam

Name:	
Address:	

**Circle the letter beside the correct answer.**

1. If you touch a moving stone while brushing you must \_\_\_\_\_?
  - a. Stop the stone as soon as you touch it.
  - b. Not tell anyone and hope they did not notice.
  - c. Allow the stone to come to rest and then tell the other team that you touched it.
2. According to the rules of curling, the proper brushing technique is \_\_\_\_\_?
  - a. 2-feet in front of the stone.
  - b. Motion from side to side.
  - c. So that debris is left in the path of the rock.
3. The free guard zone is the area between the hog line and the \_\_\_\_\_?
  - a. Back-line
  - b. Tee-line
  - c. Tee-line excluding the house
4. The maximum number of stones a player can throw in an end is \_\_\_\_\_?
  - a. 2
  - b. 3
  - c. 4
5. Open, clean, conservative and defensive are usually terms associated with the \_\_\_\_\_?
  - a. Draw-game
  - b. Takeout-game
  - c. Finesse-game

6. What is the name of the Canadian Men's Curling Championships?
  - a. The Tim Hortons Brier
  - b. Scotties Tournament of Hearts
  - c. The Canada Cup
  
7. An example of poor sportsmanship is \_\_\_\_\_?
  - a. Shaking hands before a game.
  - b. Shaking hands after a game.
  - c. Not shaking hands before or after a game.
  
8. And "End" is considered to be completed when what happens?
  - a. Eight rocks have been thrown.
  - b. Each team has thrown eight rocks and decided a score.
  - c. When the coin is tossed.
  
9. The player, who determines the strategy, reads the ice and directs the play for their team is called the \_\_\_\_\_?
  - a. Lead
  - b. Second
  - c. Skip
  
10. Brushing reduces the friction between the ice and the stone allowing the stone to \_\_\_\_\_?
  - a. Slow the rock down
  - b. Speed up
  - c. Maintain the momentum longer
  
11. To become an effective brusher the curler needs to develop \_\_\_\_\_?
  - a. A good back swing
  - b. Endurance, speed, and pressure
  - c. Attitude and strength
  
12. Failure to warm up before a game or practice can lead to \_\_\_\_\_?
  - a. Muscles which perform efficiently and are free of injury.
  - b. Superior strategy techniques
  - c. Muscle discomfort, poor performance and injury.

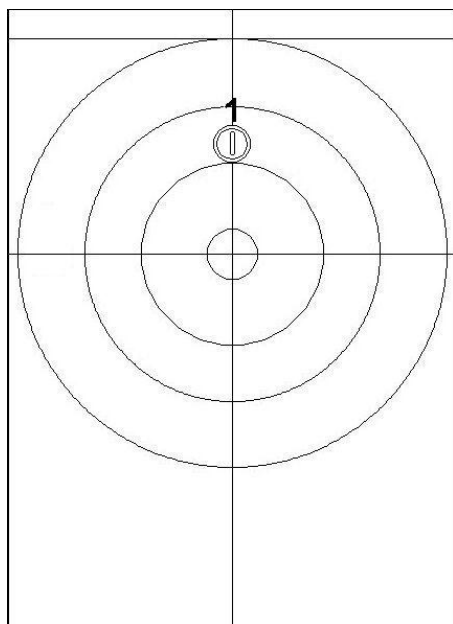
13. A curling competition comprised of a number of events usually played over a weekend is called a \_\_\_\_\_?
- Round Robin
  - Bonspiel
  - Brier
14. The delivering team is the team who is \_\_\_\_\_?
- Not in the process of throwing the stone.
  - In control of the house and is next to throw.
  - Waiting for you to finish your game.
15. Any stationary stone located in the free guard zone shall not be removed from play until after the \_\_\_\_\_?
- Second stone of the end.
  - Third stone of the end.
  - Forth the stone of the end.
16. The curling stone weights approximately?
- 27 pounds
  - 44 pounds
  - 63 pounds
17. A curler throwing the stone with his right hand must throw from the hack on which side of the center-line?
- The right side of the center-line
  - The left side of the center-line
  - Whichever side they choose
18. What is the name of the Canadian Women's Curling Championships?
- The Continental Cup
  - Scotties Tournament of Hearts
  - World Series of Curling
19. In the six factors that influence shot selection and strategy "F.E.S.R.A.I". What does the "A" stand for?
- Action
  - Ability
  - Attitude

20. What is the composition of a team Mixed Doubles curling team?

- a. Two Women
- b. One Woman and one man
- c. Two Men

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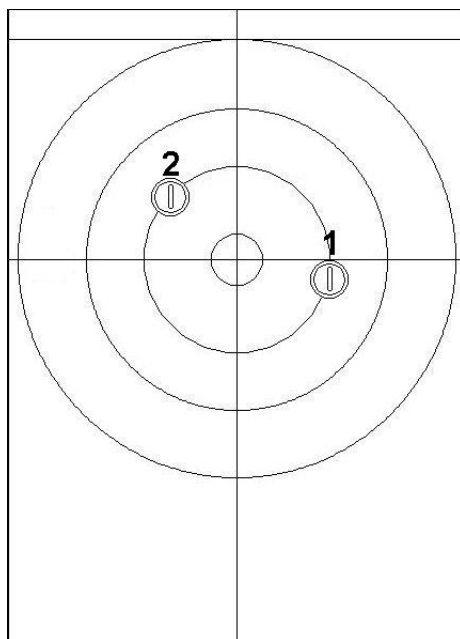
### **Shot #1: Freeze**

Place stone #1 full back 8-foot just biting the 4-foot ring splitting the center-line.

Choice of turn.

2 Points — If shooter lies in front and within 2-feet of stone #1. Or. A bump of stone #1 of no more than 2-feet.

1 Point – If shooter lies in the house over 2-feet in front of stone #1 with both stone in play.



### **Shot #2: Double Take-out**

Place stone #1 on the edge of the 4-foot, touching the tee-line and half in the 4-foot. Place stone #2 on the opposite side of the house inside the 4-foot line, 6 inches behind the tee-line and half in the 4-foot.

Choice of turn.

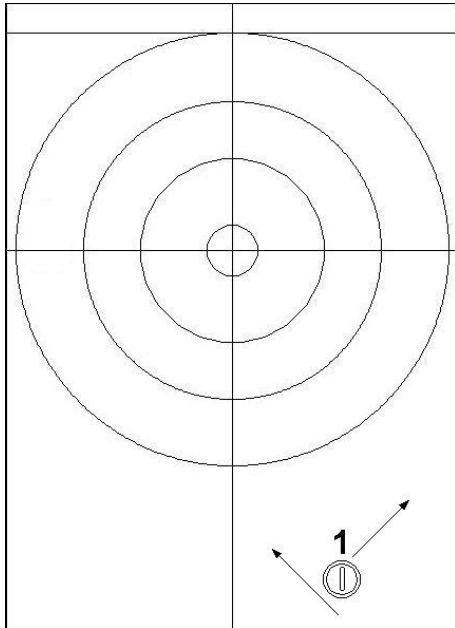
**Note:** *The stones would need opposite placement depending on the choice of turn.*

2 Points — If both rocks are removed. Shooter dos not need to stay.

1 Point — If there is contact and removal of stone #1.

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**Shot #3: Peel**

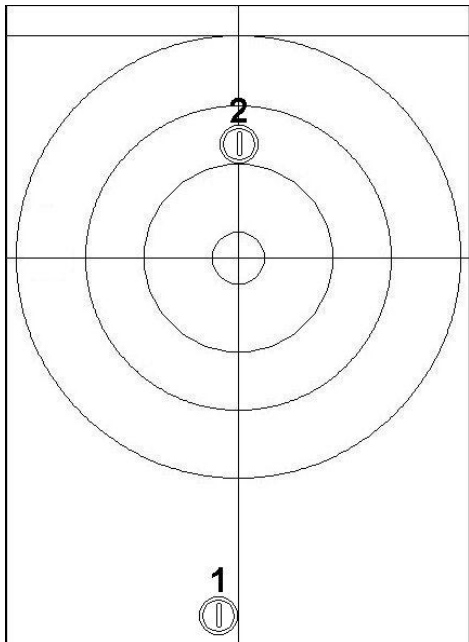
Place stone #1 3-feet off the center-line and halfway between the top of the House and the Hog-line

Choice of turn.

**Note:** *The stones would need opposite placement depending on the choice of turn.*

2 Points — If there is contact and removal of stone #1 and the shooter rolls out of play.

1 Point — If there is contact and removal of stone #1 and shooter stays.



**Shot #4: The Takeout**

Place stone #1 halfway between the house and the hog-line touching the center-line on one side. Place stone #2 in the back 8-foot touching the 4-foot splitting the center line.

Choice of turn.

**Note:** *The stones would need opposite placement depending on the choice of turn.*

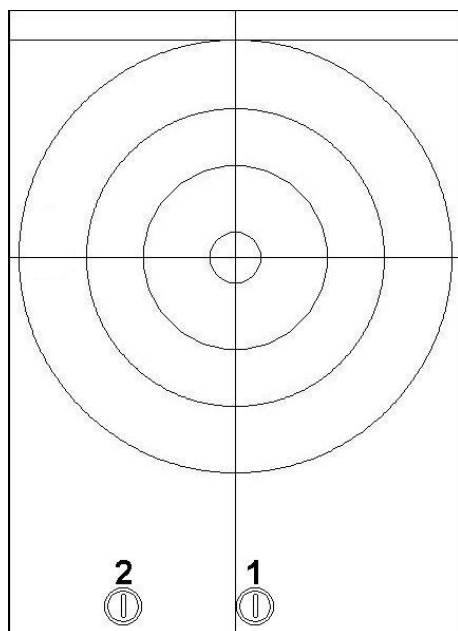
2 Points — If the shooter passes through stone #1 and #2 without touching them.

1 Point — If the shooter makes contact with either stone #1 or #2.



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**Shot #5: Thru the Port**

Place stone #1 just biting the center-line and stone #2 about 4-feet away on the opposite side of the center-line. Place both stones about 4-feet from the top of the House.

Play the clockwise turn to stone #1 and the counter-clockwise turn to stone #2.

**Note:** *This is opposite for left-handed curlers.*

Choice of turn.

2 Points — If shooter touches the placed stone and lies shot.

1 Point — If the shooter touches the placed stone and lies second shot.

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To successfully complete the Silver level you must execute 5 specific curling shots. You will be able to practice each shot before any points are accumulated. During the test you are allowed 2 attempts at each shot and the highest score of the 2 will be recorded.

For each shot the curler may have their choice of which turn to use and the stone placement must be altered to accommodate this choice. It is also up to the curler to choose what ice should be called to successfully complete the shot. It would be wise to use the practice time for this purpose.

Each shot will receive a score of 0, 1 or 2; an accumulation of 7 points out of 10 is required to pass.

1. Shot #1 — Freeze.

- a. First Attempt \_\_\_\_\_.
- b. Second Attempt \_\_\_\_\_.

2. Shot #2 — Double Take-out.

- a. First Attempt \_\_\_\_\_.
- b. Second Attempt \_\_\_\_\_.

3. Shot #3 — Peel.

- a. First Attempt \_\_\_\_\_.
- b. Second Attempt \_\_\_\_\_.

4. Shot # — Take-out.

- a. First Attempt \_\_\_\_\_.
- b. Second Attempt \_\_\_\_\_.

5. Shot # — Thru the Port.

- a. First Attempt \_\_\_\_\_.
- b. Second Attempt \_\_\_\_\_.

Total Accumulated Points: \_\_\_\_\_.  
(Must accumulate a minimum of 7 points to pass)

Rules of Curling Quiz:

- a. \_\_\_\_\_ out of 20. 75% (15 out of 20) is the pass mark.

Examiner's  
Signature: \_\_\_\_\_

Curler's  
Name: \_\_\_\_\_  
Address: \_\_\_\_\_

Test Location: \_\_\_\_\_

Date: \_\_\_\_\_

\_\_\_\_\_