



Policy Name: Anti-Doping Policy
Version Control: September, 2021
Ratification Date:
Review Date:

ANTI-DOPING POLICY

PREAMBLE

Curling NB has adopted the [Canadian Anti-Doping Program](#) (CADP).

By adopting the CADP, Curling NB has joined a world-class anti-doping program that is designed to protect athletes' rights and ensure a level playing field. Curling NB's anti-doping policy reflects and supports the CADP.

POLICY

Curling NB has adopted the Canadian Anti-Doping Program (CADP). As part of Curling NB, all members of Curling NB are subject to Canada's anti-doping rules, which are administered by the Canadian Centre for Ethics in Sport (CCES). The CADP involves seven core elements; Jurisdiction, Athlete Services, Education, Testing, Sample Collection, Results Management and Intelligence & Investigations. The CADP consists of several components such as in- and out-of-competition testing, education, medical exemptions, and the consequences of doping violations, and is compliant with the World Anti-Doping Code and all international standards.

Important Information

The CCES recommends that athletes take the following actions to ensure they don't commit an inadvertent anti-doping rule violation:

Doping Control

Review the [sample collection procedures](#).

Know your anti-doping rights and responsibilities.

Always comply with a testing request if you are notified for doping control.

Prohibited Substances & Methods

Check all medications and products before taking them to ensure they do not contain ingredients that are banned in sport.

Verify your medical exemption requirements.

Learn about the doping risks associated with supplement use and how to minimize them.

In addition to the rules of the Canadian Anti-Doping Program, curlers may also be subject to additional rules of the World Curling Federation (WCF). Learn more about the [WCF's anti-doping policies and procedures](#)

- Email: info@cces.ca
- Call toll-free: 1 800-672-7775
- Online: <https://cces.ca/anti-doping>